**Student**

**Mental Health**
**Protocol**

Robin Hill Public School

**Robin Hill Public School**

4801 East Franklin Road, Norman Ok 73026 Main Office (405) 321-4186 Fax (405) 321-5179

Robin Hill Public School supports student health and wellness protocols to include mental health supports. It is the policy of Robin Hill to align access to mental health support by providing community resources for students and guardians focused on mental health treatment options and crisis response intervention. It is also the policy of the Robin Hill to provide mental health and crisis response training to school personnel. This process will involve consistent collaboration between Robin Hill and community mental health partnerships. This policy shall extend to all schools in Robin Hill Public School, Norman Oklahoma



Definitions

Mental Health

Includes emotional, psychological, and social well-being and
affects how individuals think, feel, and act. Mental health also
determines how individuals handle stress, relate to others, and
make healthy choices. (Information obtained from [CDC, 2021](https://www.cdc.gov/mentalhealth/learn/index.htm).)

Mental Health Crisis

Any situation in which a person's behavior or verbalized distress puts them at risk of hurting themselves or others and/or
prevents them from being able to care for themselves or
function effectively in the community. The 988 Mental Health Lifeline operates 24/7, offering anyone who dials 9-8-8 access to mental health crisis services.

Crisis Response

Refers to the advance planning and actions taken to address

natural and manmade disasters, crises, critical incidents, and

tragic events. Of course, in an emergency, it is always best to call
911.

Crisis Intervention

Can mitigate adverse reactions, facilitate coping and planning, assist in identifying and accessing available support, normalize reactions to a crisis, and assess capacities and need for further support or referral to the next level of care. *The three main goals of crisis intervention are:*

Reduce

Symptoms

Return

to Adaptive
Functioning

Stabilize

-

Facilitate Access
to Continued
 Care

MENTAL HEALTH CRISIS

PROTOCOL TEMPLATE 3



Privacy Requirements

All district/site protocols must comply
with the privacy requirements of the
Family Educational Rights and Privacy
Act (FERPA) and the Health Insurance

Portability and Accountability Act (HIPAA) of 1996.

The Family Educational Rights and Privacy Act

(FERPA) (20 U.S.C. § 1232g; 34 CFR Part 99) is a federal law that protects the privacy of student education records. The law

applies to all schools that receive funds
under an applicable program of the U.S.
Department of Education. FERPA gives
parents certain rights with respect to

their children's education records. These rights transfer to the students when they reach the age of 18 or attend a school

beyond the high school level.

HIPAA

Also known as Public Law 104-191, HIPPA has two main purposes: to provide

continuous health insurance coverage for workers who lose or change their job and to ultimately reduce the cost of health

care by standardizing the electronic
transmission of administrative and

financial transactions. Other goals include combating abuse, fraud, and waste in

health insurance and health care delivery, and improving access to long-term care services and health insurance.

The HIPAA Privacy Rule establishes national standards to protect individuals' medical records and other individually identifiable health information

(collectively defined as “protected health
information”) and applies to health plans,

MENTAL HEALTH CRISIS PROTOCOL TEMPLATE

health care clearinghouses, and those health care providers that conduct

certain health care transactions
electronically. The rule requires

appropriate safeguards to protect the
privacy of protected health information

and sets limits and conditions on the uses and disclosures that may be made of

such information without an individual’s authorization. The rule also gives

individuals rights over their protected
health information, including rights to

examine and obtain a copy of their health records, to direct a covered entity to

transmit an electronic copy of their
protected health information in an

electronic health record to a third party, and to request corrections. The Privacy Rule is located at 45 CFR [Part 160](https://www.ecfr.gov/current/title-45/subtitle-A/subchapter-C/part-160?toc=1) and Subparts A and E of [Part 164](https://www.ecfr.gov/current/title-45/subtitle-A/subchapter-C/part-164).

4



Recognize Warning Signs

Signs of a mental health crisis episode may not always be apparent in a
student/child. Keeping the following warning signs in mind, teachers,
principals, and other staff members can begin to identify the need for
intervention.

Abusive Behavior

Often a student in mental distress will show abusive behavior to themselves and others. This may include self-harm, substance abuse, physical abuse, etc.

Inability to Perform Daily Tasks

This can include even the most simple
tasks such as bathing, brushing teeth

and/or hair, and putting on clean clothes.

Increased Agitation

Children showing signs of increased
agitation may use verbal threats, be

violently out of control, destroy property, and more.

Isolation

Children and young adults in mental
health crisis tend to isolate themselves

from family and friends at school and at work.

Loses Touch with Reality (Psychosis)

Psychosis encompasses the following
behaviors: showing signs of confusion,
having strange ideas, thinking they're

someone they're not, not understanding what people are saying, hearing voices, and seeing things that aren't there.

Paranoia

Paranoia manifests in suspicion and mistrust of people or their actions without evidence or justification.

Rapid Mood Swings

Increased energy levels, the inability to stay still, pacing, sudden depression and withdrawal, and becoming suddenly

happy or calm after a period of

depression may be indicative of a student in crisis.

Other warning signs may include:

Changes in school performance Pulling away from people and things Having low or no energy

Having unexplained aches and pains, such as constant stomach-aches or headaches

Feeling helpless or hopeless
Excessive smoking, drinking, or drug use, including prescription

medications

Eating or sleeping too much or too little

Worrying a lot of the time - feeling guilty but not sure why

Having difficulty readjusting to home or work life

Thinking about suicide

Inability to perceive changes in their own feelings, behavior, or personality (lack of insight or anosognosia)

5



Safeguard Student
Health and Safety

It is important to establish a culture of support and safety to enhance

student health and prevent barriers to effective crisis response. Districts can
assist with this process by fostering healthy relationships built on a
foundation of trust, respect, and care in schools. These safeguards help to
positively affect student-teacher relationships, increase engagement for
students and families, and improve two-way communication between all
parties. A culture of safety and support works to replace fear, uncertainty,
and punishment as motivators with belonging, connectedness, and
willingness to change.

Every school employee with reason to believe any student under the age of

18 years is a victim of abuse or neglect is required by law to report the

matter *immediately* to the Oklahoma Department of Human Services

(OKDHS) and local law enforcement.([70 O.S. § 1210.163](https://www.oscn.net/applications/oscn/DeliverDocument.asp?CiteID=483030); [10A O.S. § 1-2-101](https://www.oscn.net/applications/oscn/DeliverDocument.asp?CiteID=455989)). The
OKDHS Hotline number is 1-800-522-3511, and the online reporting link is
[www.OKHotline.org](http://www.okhotline.org/). Districts are encouraged to develop a streamlined
process for documenting calls placed to OKDHS. The Oklahoma State
Department of Education (OSDE) has created a [Child Abuse Reporting](https://sde.ok.gov/sites/default/files/OSDE_Child%20Abuse%20Reporting%20Form%202.pdf)
[Form](https://sde.ok.gov/sites/default/files/OSDE_Child%20Abuse%20Reporting%20Form%202.pdf) template for the initial report to OKDHS and an [investigation form](https://sde.ok.gov/sites/default/files/OSDE_Child%20Abuse%20DHS%20Investigation%20Form%20%281%29.pdf)
schools may use if an investigative entity comes to the school to speak with
the identified student

Beginning with the 2022-2023 school year, pursuant to [Maria's Law](http://webserver1.lsb.state.ok.us/cf_pdf/2021-22%20ENR/hB/HB1568%20ENR.PDF), all

schools are required, as part of any health education curriculum, to include
instruction in mental health, with an emphasis on the interrelation of
physical and mental well-being. School districts may enter into agreements
with nonprofit entities and other community partners to assist with or
provide mental health education to students if the nonprofits and
community partners are approved by the Oklahoma State Department of
Education (OSDE) and the Oklahoma Department of Mental Health and
Substance Abuse Services.

MENTAL HEALTH CRISIS

PROTOCOL TEMPLATE 6

Response Procedures

What to Do in a Mental Health Crisis

*Steps all staff should take when addressing warning signs or managing student disclosures:*

Assess the situation.

Is the person in danger of hurting themselves, others, or property? Do you need emergency assistance?

Call 988 to engage with trained crisis counselors for help with
 suicidal, substance use, and/or a mental health crisis.

Immediately call 911 for emergency assistance if the student
 requires medical attention.

Talk to the student in a safe space. All staff members' responses should be calm, supportive, and non-judgmental.

Keep voice calm.

Listen to the student.

Ask questions, but do not push. Express support and concern. Ask how you can help.

Gently announce actions before initiating them.

Walk with student to Counselor or School Administrator \*note - student should have adult supervision at all times.

School staff should follow district safety protocol and refer the student for crisis services at a certified community behavioral health clinic.

Immediately following the incident, appropriate staff member/s should document steps taken on the mental health referral packet.

Referral Form

Parent/Guardian Notification Form Student Re-entry Plan

If a student is out for an extended time (more than two school days), a

caregiver/student/counselor meeting should be held a minimum of 24 hours in advance of the student’s return to school.

Remember

A person experiencing a mental health crisis may not always clearly communicate

their thoughts, feelings, needs, or emotions. They may also find it difficult to

understand what others are saying. It's important to empathize and connect with the
person's feelings, stay calm, and try to de-escalate the crisis. Seek outside assistance
from your local Certified Community Behavioral Health Clinic for additional support.

7



Student Return to Learn
Guidelines

Whenever possible, the school counselor should meet with the

student's parent or guardian and the student to discuss re-entry to

the school day after an extended physical health absence, behavioral health assessment, or extended hospitalization.

1. The school counselor should request a meeting with the student and their parent or guardian.

2. This group should discuss and document a re-entry procedure and what would help to ease the transition back into the school
environment (e.g., whether or not the student will be required to make up missed work, the nature of check-in/check-out visits, etc.), address any concerns the student or parents/guardians may have.

3. All accommodations should be documented.

4. A designated staff person should periodically check in with the student to help with readjustment to the school community and address any ongoing social or academic concerns.

5. The school counselor should periodically check in with parents/guardians to update progress or concerns.

6. The counselor should meet with the student's faculty to share information about curriculum and social concerns prior to the student's return.

7. The school counselor should be available to teachers to discuss any concerns they may have regarding the student after re-entry.

MENTAL HEALTH CRISIS

PROTOCOL TEMPLATE 8



Community Resources

[Certified Community Behavioral Health](https://oklahoma.gov/odmhsas/treatment/ccbhc.html)
[Clinics (CCBHC)](https://oklahoma.gov/odmhsas/treatment/ccbhc.html)

In accordance with [70 O.S. § 24-159](https://www.oscn.net/applications/oscn/deliverdocument.asp?id=491365&hits=), Robin Hill will

collaborate with CCBHC to provide mental health crisis

responses. Robin Hill will communicate with CCBHC in the event that mental health crisis services are needed. The district may also utilize the 988 Mental Health Lifeline.

988 Suicide and Crisis Lifeline

The 988 Mental Health Lifeline is a three-digit number for the
national Mental Health Lifeline. The 988 Mental Health Lifeline
operates 24/7 and offers services for mental health crisis calls.
Operators are licensed and certified health crisis specialists who
answer calls, connect to, and dispatch local services and mobile
crisis teams.

Mobile Crisis Response

The Youth Mobile Response and Stabilization System is a mobile intervention service for children, youth, and young adults experiencing behavioral health emergencies.

Resources:

Memorandum of Understanding (MOU) between district and CCBHC

[MOU template](https://oklahoma.gov/content/dam/ok/en/odmhsas/documents/treatment/MOU-Sample.pdf) (ODMHSAS)
[MOU template](https://sde.ok.gov/sites/default/files/images/cip-pdf-cohort-1/Approved%20MOU%20Mental%20Health%20%20SAMPLE%20PROVIDER%20AGREEMENT%20-3.docx_.pdf) (OSDE)

MENTAL HEALTH CRISIS

PROTOCOL TEMPLATE 9



Guardian Notification

Guardians will be notified by school personnel to streamline and assist with mental health crisis response efforts. The following steps may be helpful:

1. The parents/guardians on file should be contacted by a

designated school professional (Administrator, School

Counselor, School Social Worker, School Resource Officer, or other school personnel).

2. Arrange for parents/guardians to come to the school.

3. Meet with parents/guardians directly and review the
[Emergency Student Crisis Notification](https://sde.ok.gov/sites/default/files/OSDE_Emergency%20Notification%203.pdf).

4. Provide parents/guardians with a copy of the form and all collateral referrals and/or contact resources.

5. Discuss with parents/guardians the [school re-entry](https://docs.google.com/document/d/1yxQ3uGsbzgkLTSFRRv6sb2ei8sK8rqiAPaHhIuddFDQ/edit?usp=sharing) process

upon release from a medical professional and the importance
of [Consent for Release of Confidential Informatio](https://docs.google.com/document/d/1onm3lgVUJW306wMmnTXUgvGFPUWwM5sVBmdLwtf90kI/edit?usp=sharing)n.

*Schools shall notify parents and guardians in accordance*
*with* [*70 O.S. § 24-100.7*](https://www.oscn.net/applications/oscn/deliverdocument.asp?id=474594&hits=) and [*70 O.S. § 24-15*](https://www.oscn.net/applications/oscn/deliverdocument.asp?id=491365&hits=).

Resources:

A. [Emergency Student Crisis Notification](https://sde.ok.gov/sites/default/files/OSDE_Emergency%20Notification%203.pdf)

B. [Provider List](https://oklahoma.networkofcare.org/mh/index.aspx#:~:text=The%20Oklahoma%20Network%20of%20Care,mental%20health%20and%20substance%20abuse.) (district-developed list of local mental
health providers/resources)

C. [School Re-entry Plan](https://docs.google.com/document/d/1yxQ3uGsbzgkLTSFRRv6sb2ei8sK8rqiAPaHhIuddFDQ/edit?usp=sharinghttps://docs.google.com/document/d/1yxQ3uGsbzgkLTSFRRv6sb2ei8sK8rqiAPaHhIuddFDQ/edit?usp=sharinghttps://docs.google.com/document/d/1yxQ3uGsbzgkLTSFRRv6sb2ei8sK8rqiAPaHhIuddFDQ/edit?usp=sharing)

D. [Safety Plan](https://sde.ok.gov/sites/default/files/OSDE_Safety%20Plan%203.pdf)

E. [Consent for Release of Confidential Information](https://docs.google.com/document/d/1onm3lgVUJW306wMmnTXUgvGFPUWwM5sVBmdLwtf90kI/edit?usp=sharing)

MENTAL HEALTH CRISIS

PROTOCOL TEMPLATE 10



Mental Health Partnerships

Robin Hill will request that the local school board obtain a signed working agreement with each identified mental health provider outlining all obligations under the protocol and a strategy for regularly reviewing its effectiveness using anonymous, nonidentifiable data.

Robin Hill will provide a statement/plan on dissemination of Oklahoma

Prevention Needs Assessment (OPNA) survey data and other mental health data.

Robin Hill will submit the latest mental health crisis protocol and CCBHC
working agreements to the State Department of Education (OSDE); all revisions
and updates to the protocol and working agreements will be submitted to the
OSDE.

Robin Hill and partnering mental health provider/s to conduct a joint review of the protocol and related working agreements every two years and consider any updates to better meet student needs. Requires districts and providers to include information collected from the OPNA survey, or an approved alternative survey, as part of the review process.

The [Oklahoma Prevention Needs Assessment](https://oklahoma.gov/odmhsas/prevention/schools/opna.html) refers to the biennial mental health
prevention survey of public school students in grades six, eight, ten, and twelve
managed by the Department of Mental Health and Substance Abuse
Services(ODMHSAS). ODMHSAS shall maintain the Oklahoma Prevention Needs
Assessment and provide technical assistance for schools in survey administration, reporting, planning, and development of school mental health prevention and
intervention strategies informed by the survey results. If a school or school district chooses to administer an alternative survey or assessment tool to fulfill the purpose, it may apply for a waiver through ODMHSAS.

Beginning in the 2022-23 school year, and biennially thereafter, Robin Hill will
administer, the OPNA, or an alternative survey supported by ODMHSAS, for the
purpose of providing direction to schools, school districts, and communities to
effectively improve the lives of students regarding a variety of issues with a focus on
alcohol, tobacco, other drug use, mental health, academic failure, and violence.

MENTAL HEALTH CRISIS

PROTOCOL TEMPLATE 11



District Training:

What Educators Should Know

Effective district training meets the following components:

Identify

Resources and
Individuals to
Turn to for

Help

Understand
and Recognize
Warning Signs

Learn How

to Access Crisis
 Support and

Mental Health
 Services

In accordance with Student Mental Health Protocol [70 O.S. § 24-159](https://www.oscn.net/applications/oscn/deliverdocument.asp?id=491365&hits=), Robin Hill is

committed to providing school administrators, teachers, support employees, and school-based mental health providers ready access to and regular training on the mental health protocol.

In accordance with the Suicide Awareness and Prevention Act[, 70 O.S. § 24-100.7](https://www.oscn.net/applications/oscn/deliverdocument.asp?id=474594&hits=https://www.oscn.net/applications/oscn/deliverdocument.asp?id=474594&hits=https://www.oscn.net/applications/oscn/deliverdocument.asp?id=474594&hits=),

Robin Hill board of education shall provide district-wide training to all staff on a biennial basis addressing suicide awareness and prevention. As a core element, this training
requirement should include evidence-based approaches. The Department of Mental
Health and Substance Abuse Services shall make available, at no cost to the districts,
curriculum for staff that addresses suicide awareness and prevention. The training
program may be combined with any other training addressing bullying prevention
provided by the school district.

In accordance with the Oklahoma Teacher Preparation Act, [70 O.S. § 6-194.3](https://www.oscn.net/applications/oscn/deliverdocument.asp?id=490077&hits=), Robin Hill

board of education shall require a training program for teachers which shall emphasize the importance of recognizing and addressing the mental health needs of students. The program shall be completed the first year a certified teacher is employed by a
school district, and then once every third academic year.

MENTAL HEALTH CRISIS

PROTOCOL TEMPLATE 12



Other Requirements

Reporting Procedures to the Oklahoma State Department of Education

In order to assist the State Department of Education with compliance
efforts pursuant to the [Student Mental Health Protocol](https://www.oscn.net/applications/oscn/deliverdocument.asp?id=491365&hits=) at 70 O.S. § 24-
159, each school district shall submit the latest protocol and working
agreements to the State Department of Education, which shall share
the protocols and agreements with the Department of Mental Health
and Substance Abuse Services. These agencies may require revisions to
ensure compliance with applicable laws, regulations, and established
evidence-based practices.

MENTAL HEALTH CRISIS

PROTOCOL TEMPLATE 13

Oklahoma Student Mental
Health Legislation Table

|  |  |  |
| --- | --- | --- |
| Title | Legislation | Overview |
| Mental HealthTraining | [70 O.S. § 24-100.7](https://www.oscn.net/applications/oscn/deliverdocument.asp?id=474594&hits=) | Directs the development and dissemination of information,training and resources regarding mental health needs ofstudents. |
| Mental HealthProtocol | [70 O.S. § 24-159](https://www.oscn.net/applications/oscn/deliverdocument.asp?id=491365&hits=) | Requires public school districts to maintain a protocol forresponding to students in mental health crises and requiresdistricts to provide written notification to parents regardingtheir right to opt their student out of the OPNA studentsurvey. |
| Mental HealthEducationStandards | [70 O.S. § 11-103.9b](https://www.oscn.net/applications/oscn/deliverdocument.asp?id=490074&hits=) | Requires that all schools, as part of any health educationcurriculum, include instruction in mental health, with anemphasis on the interrelation of physical and mental well-being. |
| StudentIn-PatientDisclosure | [70 O.S. § 3-169](https://www.oscn.net/applications/oscn/deliverdocument.asp?id=491561&hits=) | Optional disclosure by parent to school officials prior to or atenrollment regarding previous (in the past 24 months)emergency mental health inpatient (acute, residential, orcrisis) support from a mental health/behavioral health facility. |
| Student IDCards | [70 O.S. § 24-100.10](https://www.oscn.net/applications/oscn/deliverdocument.asp?id=491619&hits=) | Requires that school districts and charter schools servingstudents in grades 7 through 12 that issue studentidentification cards to print the telephone number of theNational Suicide Prevention Lifeline (call or text 988) and theCrisis Text Line (text HOME to 741741) on one side of the cards. |
| OPNA | [70 O.S. § 24-158](https://www.oscn.net/applications/oscn/deliverdocument.asp?id=490086&hits=) | Requires schools to administer, in cooperation with theOklahoma Department of Mental Health and SubstanceAbuse Services (ODMHSAS), the Oklahoma Prevention NeedsAssessment (OPNA) survey or comparable survey instrumenton a biennial basis. |
| SuicidePrevention | [70 O.S. § 24-100.7](https://www.oscn.net/applications/oscn/deliverdocument.asp?id=474594&hits=) | Requires school district boards of education to adopt suicideawareness and drug abuse policies, train and providecurriculum to staff, and provide XX training to students ingrades X through XX. |
| Child AbusePrevention | [70 O.S. § 1210.163](https://www.oscn.net/applications/oscn/DeliverDocument.asp?CiteID=483030) | Requires every school employee having reason to believe thatany student under the age of 18 years is a victim of abuse orneglect shall report the matter immediately to theDepartment of Human Services and local law enforcement. |

MENTAL HEALTH CRISIS

PROTOCOL TEMPLATE 14



Relevant Documents
and Resources

Prevention Resources

[ODMHSAS School-based Prevention](https://oklahoma.gov/odmhsas/prevention/schools.html)

[Multi-tiered System of Support for Bullying Prevention](https://drive.google.com/file/d/1xV0nDCWXNPANjzuCY66Y8aFx3KAHzkgT/view?usp=sharing)
[Oklahoma School Safety and Bullying Prevention Act](http://webserver1.lsb.state.ok.us/cf_pdf/2021-22%20ENR/SB/SB222%20ENR.PDF)
[OSDE Bullying Prevention Training Request Form](https://sde.ok.gov/pd-request-form)
[Sample Bullying Harassment Investigation Form](https://sde.ok.gov/sites/ok.gov.sde/files/InvestigationForm11.pdf)
[Sample Interview Form](https://sde.ok.gov/sites/ok.gov.sde/files/Interviewstatement.pdf)

[Sample Reporting Form](https://www.dupageroe.org/wp-content/uploads/Bullying_Incident_Report_Form.pdf)

School Climate

[School Climate Best Practices](https://sde.ok.gov/school-climate-best-practices)

Mental Health and Crisis Response

[ODMHSAS Network of Care](https://oklahoma.networkofcare.org/mh/services/index.aspx)

[Certified Community Behavioral Health Clinics](https://oklahoma.gov/odmhsas/treatment/ccbhc.html)
[Child Abuse and Neglect Guidance](https://sde.ok.gov/sites/default/files/Suspected%20Child%20Abuse%20Reporting%20Best%20Practices%20January%202022.pdf)
[Companion Guide - NAMI](https://www.nami.org/Support-Education/Publications-Reports/Guides/Navigating-a-Mental-Health-Crisis/Navigating-A-Mental-Health-Crisis)

[Confidentiality Agreement](https://docs.google.com/document/d/1meFB5fP5yOYo5aSoHmyyGwBLqIVnt0tI/edit?usp=sharing&ouid=104526541787985262950&rtpof=true&sd=true)

[Consent for Release of Confidential Information](https://docs.google.com/document/d/1onm3lgVUJW306wMmnTXUgvGFPUWwM5sVBmdLwtf90kI/edit?usp=sharing)
[Counselor Process for Responding to Suicide](https://sde.ok.gov/sites/default/files/OSDE_Counselor%20Process%20for%20Suicide%20Response_0.pdf)
[Emergency Student Crisis Notification Form](https://docs.google.com/document/d/14MZQx0yrmyiW1WKqJI5S8v-eGNB9rjS94wCXPzv4sk0/edit?usp=sharing)
[Mental Health Crisis Signs](https://www.nami.org/Support-Education/Publications-Reports/Guides/Navigating-a-Mental-Health-Crisis/Navigating-A-Mental-Health-Crisis)

[OKDHS Hotline](https://oklahoma.gov/okdhs/contact-us/dhshotlines.html)

[Oklahoma Comprehensive School Counseling Framework](https://sde.ok.gov/documents/2021-10-06/oklahoma-comprehensive-school-counseling-framework)
[Safety Threat Assessment](https://sde.ok.gov/sites/default/files/OSDE_Safety%20Threat%20Assesssment%201.pdf)

[School Re-Entry Plan](https://docs.google.com/document/d/1yxQ3uGsbzgkLTSFRRv6sb2ei8sK8rqiAPaHhIuddFDQ/edit?usp=sharing)

[Suicide Information Sheet](https://sde.ok.gov/sites/default/files/OSDE_Suicide_Information_Sheet%201.pdf)

[Suicide Prevention Resources](https://sde.ok.gov/suicide-prevention)

[Warning Signs and Risk Factors for Emotional Distress](https://www.samhsa.gov/find-help/disaster-distress-helpline/warning-signs-risk-factors)

MENTAL HEALTH CRISIS

PROTOCOL TEMPLATE 15

[**CARL ALBERT CMHC: HOLDENVILLE - SUBSTANCE ABUSE(ODMHSAS Certified)**](https://oklahoma.networkofcare.org/mh/services/agency.aspx?pid=CARLALBERTCMHCHOLDENVILLESUBSTANCEABUSE_2_1746_0)  Telehealth Available

 SHARE

Distance: 37.09
Phone: (405) 379-6668
Address: 117 Rogers Drive
Holdenville, OK 74848
[**+ More Contact Info...**](https://oklahoma.networkofcare.org/mh/services/advanced-search.aspx?k=ccbhc&z=74839&r=500#CARLALBERTCMHCHOLDENVILLESUBSTANCEABUSE_2_1746_0)

Substance use treatment; Treatment for co-occurring serious mental health illness/serious emotional disturbance and substance use disorders. Community mental health center offering treatment for co-occurring serious mental health illness/serious emotional disturbance and substance use disorders. Tre...

[**CARL ALBERT CMHC: MCALESTER - SUBSTANCE ABUSE(ODMHSAS Certified)**](https://oklahoma.networkofcare.org/mh/services/agency.aspx?pid=CARLALBERTCMHCMCALESTERSUBSTANCEABUSE_2_1746_0)  Telehealth Available

 SHARE

Distance: 39.24
Phone: (918) 426-7800
Address: 1101 E Monroe Avenue
McAlester, OK 74501
[**+ More Contact Info...**](https://oklahoma.networkofcare.org/mh/services/advanced-search.aspx?k=ccbhc&z=74839&r=500#CARLALBERTCMHCMCALESTERSUBSTANCEABUSE_2_1746_0)

Substance use treatment; Treatment for co-occurring serious mental health illness/serious emotional disturbance and substance use disorders. Community mental health center offering treatment for co-occurring serious mental health illness/serious emotional disturbance and substance use disorders. Tre...

[**GREEN COUNTRY BEHAVIORAL HEALTH SERVICES: CHECOTAH(ODMHSAS Certified)**](https://oklahoma.networkofcare.org/mh/services/agency.aspx?pid=GREENCOUNTRYBEHAVIORALHEALTHSERVICESCHECOTAH_2_1746_1)

 SHARE

Distance: 51.62
Address: 422 W Gentry
Checotah, OK 74426
[**+ More Contact Info...**](https://oklahoma.networkofcare.org/mh/services/advanced-search.aspx?k=ccbhc&z=74839&r=500#GREENCOUNTRYBEHAVIORALHEALTHSERVICESCHECOTAH_2_1746_1)

Green Country Behavioral Health Services offers a full spectrum of mental health services for adults, teens, and children, tailored to meet the specific needs of each patient....

[**LIGHTHOUSE BEHAVIORAL WELLNESS CENTERS: SEMINOLE(ODMHSAS Certified)**](https://oklahoma.networkofcare.org/mh/services/agency.aspx?pid=LIGHTHOUSEBEHAVIORALWELLNESSCENTERSSEMINOLE_2_1746_1)  E-Referral Available

 SHARE

Distance: 62.99
Address: 2010 Boren Boulevard
Seminole, OK 73402
[**+ More Contact Info...**](https://oklahoma.networkofcare.org/mh/services/advanced-search.aspx?k=ccbhc&z=74839&r=500#LIGHTHOUSEBEHAVIORALWELLNESSCENTERSSEMINOLE_2_1746_1)

Lighthouse offers individual and group therapy to children, adolescents, adults and families who are living with emotional, co-occurring, or behavioral health conditions. Lighthouse works to help clients achieve a better quality of life by addressing challenges that affect daily routines, such as m...

[**GREEN COUNTRY BEHAVIORAL HEALTH SERVICES- MUSKOGEE(ODMHSAS Certified)**](https://oklahoma.networkofcare.org/mh/services/agency.aspx?pid=GREENCOUNTRYBEHAVIORALHEALTHSERVICESMUSKOGEE_2_1746_1)  Telehealth Available  E-Referral Available

 SHARE

Distance: 77.99
Phone: (918) 682-8407
Address: 6365 W Okmulgee
Muskogee, OK 74401
[**+ More Contact Info...**](https://oklahoma.networkofcare.org/mh/services/advanced-search.aspx?k=ccbhc&z=74839&r=500#GREENCOUNTRYBEHAVIORALHEALTHSERVICESMUSKOGEE_2_1746_1)

Green Country Behavioral Health Services is a private not-for-profit agency. Serve adult, teens, children, and families and have services tailored to fit the individual needs of each person....

[**LIGHTHOUSE BEHAVIORAL WELLNESS CENTERS: ADA(ODMHSAS Certified)**](https://oklahoma.networkofcare.org/mh/services/agency.aspx?pid=LIGHTHOUSEBEHAVIORALWELLNESSCENTERSADA_2_1746_1)  E-Referral Available

 SHARE

Distance: 78.66
Phone: (580) 436-2690
Address: 301 W 4th Street
Ada, OK 73402
[**+ More Contact Info...**](https://oklahoma.networkofcare.org/mh/services/advanced-search.aspx?k=ccbhc&z=74839&r=500#LIGHTHOUSEBEHAVIORALWELLNESSCENTERSADA_2_1746_1)

Lighthouse offers individual and group therapy to children, adolescents, adults and families who are living with emotional, co-occurring, or behavioral health conditions. Lighthouse works to help clients achieve a better quality of life by addressing challenges that affect daily routines, such as m...

[**RED ROCK BEHAVIORAL HEALTH SERVICES: CHANDLER - BEHAVIORAL HEALTH SERVICES(ODMHSAS Certified)**](https://oklahoma.networkofcare.org/mh/services/agency.aspx?pid=REDROCKBEHAVIORALHEALTHSERVICESCHANDLERBEHAVIORALHEALTHSERVICES_2_1746_0)  Telehealth Available  E-Referral Available

 SHARE

Distance: 96.77
Phone: (405) 424-7711
Address: 112 N Mckinley
Chandler, OK 74834
[**+ More Contact Info...**](https://oklahoma.networkofcare.org/mh/services/advanced-search.aspx?k=ccbhc&z=74839&r=500#REDROCKBEHAVIORALHEALTHSERVICESCHANDLERBEHAVIORALHEALTHSERVICES_2_1746_0)

Provides outpatient counseling for children, youth, adults, individuals, families or groups. Services can be provided in the community as well as at Red Rock office locations. Outpatient services can address mental health, substance use, and co-occurring disorders (both mental health and substance u...

[**Creoks Mental Health Services: Outpatient Mental Health - Wagoner(ODMHSAS Certified)**](https://oklahoma.networkofcare.org/mh/services/agency.aspx?pid=CreoksMentalHealthServicesOutpatientMentalHealthWagoner_2_1746_1)  Telehealth Available  E-Referral Available

 SHARE

Distance: 100.27
Phone: (918) 756-9411
Address: 109 S Harrill Avenue
Wagoner, OK 74467
[**+ More Contact Info...**](https://oklahoma.networkofcare.org/mh/services/advanced-search.aspx?k=ccbhc&z=74839&r=500#CreoksMentalHealthServicesOutpatientMentalHealthWagoner_2_1746_1)

CREOKS offers outpatient services in the clinic, in-home, and school-based. Services include screening, assessment, individual, group, and family counseling, psychiatric consultation, medication management, psychiatric social rehab, and care coordination. Additional services include adult and juven...